

## P.S.H.E – Year 2 Overview

Autumn 1 – New Beginnings	Autumn 2 – Getting on and Falling out	Spring 1 – Going for Goals	Spring 2 – Good to be me	Summer 1 – Relationships	Summer 2 - Changes
Building community and Flag Challenge	Friendship and compliments	Knowing how I best learn	Feeling good about myself	Loved and cared for and important people and things	Changing our behaviour
What if there is a problem	Seeing another point of view	You can't eat an elephant in one	Relaxed and or relaxing	Felling lonely and feeling included	Naming body parts
Exploring feelings	Managing anger	Persistence	Assertiveness and or good choices	Leaving home	Everybody needs caring for
Calming down	Working together	Putting it all together	Safe or Unsafe	Differences boys and girls	Looking after the body
Welcoming others			Think for yourself	Differences male and female	
New beginnings			All around the house		

SEAL – Social Emotional Aspects of Learning

DE – Drug Education

SRE – Sex Relationship Education